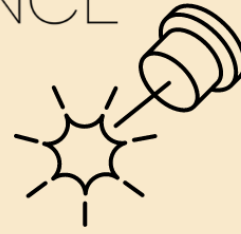


## VEIN: Pre/Post Care



### PRE-TREATMENT



Notify your practitioner of any medications you have used within the last 6 months. Blood thinning medications can hinder the results of vein treatments.



Notify your practitioner if you have a history of perioral herpes.

### IMMEDIATELY BEFORE TREATMENT



If applicable, shave or trim any hair in the area to be treated. This will help achieve the best possible results.



Remove any make-up and/or lotions and make sure that the skin is dry in the area to be treated.

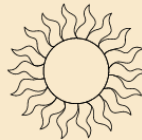


If having leg veins treated, bring a pair of shorts to wear during your session.

### POST TREATMENT



You may return to your normal daily activities immediately after your treatments, but refrain from vigorous exercise for 3 days post-treatment.



Avoid extended sun exposure or tanning for at least 1-week post treatment.



Keep the treatment site moist by reapplying an inert moisturizer multiple times per day for a week after treatment. Should any scabbing occur, do not pick or scratch at the treated skin.



Veins may convert to what looks like a cat-scratch from 24 hours up to 2 weeks post-treatment. This is a normal occurrence. Veins may disappear and re-appear for a period of up to 3 months post-treatment.



Avoid blood thinners for 1-2 weeks post-treatment. Avoid hot showers, baths, saunas and steam rooms for 48 hours post-treatment.



To achieve the best results, complete the full treatment schedule at the intervals recommended by your laser practitioner.