

# DAY 1

## MORNING : VI PEEL ADVANCED Treatment Day

### STEP 1

Leave the VI Peel Advanced solution on for 4 hours. You may then cleanse the skin. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply 1st VI Peel Post Peel Towelette to all areas where the peel was applied. Use gentle pressure. Discard the towelette and wash hands.

### STEP 3

Wait 10 minutes, then apply a thin layer of VI Derm Post-Treatment Repair Cream. You may apply makeup as normal if desired.

### 4 Hours Post Treatment\*

## NIGHT : VI PEEL ADVANCED 1 Hour Before Bed ( Same Day as Peel application)

### STEP 1

Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply 2nd VI Peel Post Peel Towelette to all areas where the VI Peel was applied. Use gentle pressure and do not wash off. Discard towelette and wash hands. If skin feels itchy or uncomfortable, wait 10 minutes, then apply thin layer of VI Derm Post-Treatment Repair Cream. Sweet Dreams!

\*Do not apply anything to your skin for 4 hours post VI Peel (including the VI Derm SPF 50+ Sunscreen Broad Spectrum)

# DAY 2

## MORNING : VI PEEL ADVANCED

### STEP 1

Good Morning! Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply a thin layer of the VI Derm Post-Treatment Repair Cream. Reapply as often as needed.

### STEP 3

Apply VI Derm SPF 50+ Sunscreen. This is very important even if it's not sunny outside. Have a wonderful day.

## NIGHT : VI PEEL ADVANCED 1 Hour Before Bed

### STEP 1

Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply 3rd VI Peel Post Peel Towelette to all areas where the VI Peel was applied. Use gentle pressure and do not wash off. Discard towelette and wash hands. Apply thin layer of VI Derm Post-Treatment Repair Cream or contact practitioner for additional recommendations. Sleep Tight!

# DAY 3

## MORNING : VI PEEL ADVANCED

### STEP 1

Good Morning! Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply a thin layer of the VI Derm Post-Treatment Repair Cream as often as needed.

### STEP 3

Apply VI Derm SPF 50+ Sunscreen. You may reapply throughout the day.

## NIGHT : VI PEEL ADVANCED 1 Hour Before Bed

### STEP 1

Cleanse your skin with VI Derm Gentle Cleanser. Avoid hot water. Gently pat skin dry.

### STEP 2

Apply VI Derm Post-Treatment Repair Cream as needed.

### STEP 3

After day 7, it is recommended to use VI Derm Beauty or your normal skincare products as tolerated by your skin.

\*Avoid exfoliating, rubbing, pulling, and peeling skin. Do not pick off peeling skin. This can cause irritation, scarring, and pigmentation.



To learn more and to book a consultation please visit [luminescence-aesthetics.com](http://luminescence-aesthetics.com)

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