



VI PEEL BODY

TIPS FOR PATIENTS: POST PEEL CARE

VI Peel Body is self-neutralizing. Avoid washing or applying any topical products to the treated area for 4 hours. Sunscreen may be applied after the 4-hour post-treatment step (see below) and should be used if any treated areas are exposed to sunlight for the next 14 days.

DAY 1

Four Hours Post Treatment

- Using fingertips only, cleanse the skin using a gentle cleanser with no fragrance or active ingredients (VI Derm Gentle Purifying Cleanser, Dove, Cetaphil, etc.).
- Rinse with cool water and pat dry. (AVOID HOT WATER ON TREATED AREA FOR 7-10 DAYS).
- Apply a thin layer of Retinoic Serum to all areas where the peel was applied. Remember to wash hands after application. Wait 10 minutes, then apply Post Treatment Repair Cream to all areas where the peel was applied. NO OTHER personal hydrating products should be applied.

IMPORTANT

Fitzpatrick Skin Types 4, 5 and 6 must apply the Post-Treatment Repair Cream approximately 10 minutes after the Retinoic Serum has been fully absorbed to reduce the body's natural inflammatory response.

DAY 1 - PM

One Hour Before Bedtime

- Using fingertips only, cleanse the skin using a gentle cleanser with no fragrance or active ingredients (VI Derm Gentle Purifying Cleanser, Dove, Cetaphil, etc.). Rinse with cool water and pat dry. AVOID HOT WATER ON TREATED AREA FOR 7-10 DAYS.
- Apply a thin layer of Retinoic Serum to all areas where the peel was applied. Remember to wash hands after application. Wait 10 minutes, then apply Post Treatment Repair Cream to all areas where the peel was applied.

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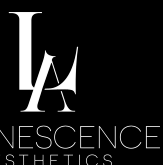
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**PATIENT MUST DISCONTINUE USE OF ANY PRODUCTS
AND CONTACT THEIR PRACTITIONER IF
EXPERIENCING**

Intense burning, intense itching/bruising.

DAY 2 - AM + PM

Patients must continue the above regimen AM & PM until peeling begins.



To learn more and to book a consultation please visit luminescence-aesthetics.com

2372 Sweet Home Road #5
Amherst, New York 14228





VI PEEL
BODY

TIPS FOR PATIENTS:
POST PEEL CARE

ONCE PEELING HAS BEGUN

DAYS 5-7

Once visible skin flaking or peeling is present, STOP using the VI Derm Retinoic Serum.

Continue to cleanse the skin morning and night using a fragrance-free, active ingredient-free gentle cleanser (Dove, Cetaphil, etc.). Rinse with cool water and pat dry.

Continue to avoid HOT water on treated area.

At night, apply the Post-Treatment Repair Cream to all areas where the peel was applied. Reapply if needed throughout the day.

Once the skin starts peeling, you must not to peel or pick at their skin. THIS IS VERY IMPORTANT because such actions may cause irritation, scarring, or pigmentation.

Visible peeling may last from 3-7 days. After your skin is done peeling (day 7-10), you can go back on your normal VI Derm skincare routine and resume use of Retinoic Serum nightly to maintain results.

MORE HELPFUL TIPS

Avoid friction from tight clothes. Protect affected skin from the friction caused by wearing tight clothes. Loose, cotton-based clothing is best postpeel.

- For those who exercise frequently, suggest showering immediately after.
- Avoid hot water when showering or cleansing skin. Only cleanse with lukewarm water during the postpeel phase.
- Avoid any exfoliation on treated area including topical products, scrubs, waxing for 2 weeks after peel application.
- Retinoic Serum must be used twice a day (morning & night) until flaking or peeling begins and then immediately discontinued.
- Avoid extrinsic irritants
- Peeling typically begins on days 4-7 but can be longer.
- Peeling typically lasts for 3-5 days but can be longer for patients who are over 50 years old or who did not use the Retinoic Serum as directed.
- For hand peeling, provide patients with gloves to wear as a reminder to not wash off peel for the first 4 hours.



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